

For Immediate Release

Media Contact: Vicki Walker
Phone: (518) 701 8060
E-mail: communications@albanyhealthmanagement.com

Patricia Fennell, International Chronic Illness Expert, To Speak At Three Calgary Meetings This Week

Internationally recognized expert on chronic illness, trauma, death and dying Patricia A. Fennell, MSW, LCSW-R, will speak at three Calgary conferences this week, presenting her clinical approach to helping people cope with chronic illness and other life-changing circumstances.

- **Chronic Illness Conference:** On October 30th, she will present a research paper, "Four-Phase Case Management (FPCM) As A Model For Care Delivery In The Chronic Illness Era" at the International Conference on Chronic Disease Management, held at the Hyatt in downtown Calgary. More information about this conference is available at www.cdmcalgary.ca

Also at this conference, she will co-present two poster presentations with Calgary clinician Eleanor Stein, MD, FRCP(C): "Teaching People With CFS/ME and Other Difficult-To-Manage Conditions To Self-Manage Using The Fennell Four Phase Treatment Approach" and "Overcoming Systemic Barriers To Effective Management of ME/CFS (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome) in Canada."

- **Health Care Providers Seminar:** On November 1st from 7 to 9 p.m., Ms. Fennell will offer a continuing education seminar for health care providers, "The Fennell Four Phase Treatment (FFPT™) Approach: A Model for Improving Outcomes in Chronic Illness." The workshop, sponsored by the ME-FM Society of Alberta, will be held at the Cardel Homes Theatre at 6012 12th St. SE in Calgary. Admission is \$20; information and registration information is available at (403) 287-9941. Attendees are also asked to bring a non-perishable food item for donation to charity.
- **Patient Lecture:** A presentation for ME/CFS and fibromyalgia patients will be offered on November 3rd from 2:30 to 4:30 p.m., also at the Cardel Homes Theatre. Admission to the presentation, "Chronic Illness and The Fennell Four Phase Treatment Approach: Strategies and Solutions for Taking Back Your Life," is \$15; information and registration information is available at (403) 287-9941. Attendees are also asked to bring a non-perishable food item for donation to charity.

Ms. Fennell, President and CEO of Albany Health Management Associates, Inc., is the creator of the Fennell Four-Phase Treatment (FFPT™) model, a highly practical, internationally utilized and empirically validated approach to clinical management of trauma, chronic illness and emotional loss. It addresses the complexity of these conditions by matching best clinical practices to four phases – crisis, stabilization, resolution and integration -- and identifies the most appropriate and effective interventions for each phase. The FFPT model provides a narrative framework and cognitive map for families, helping them describe, understand and adapt to life following trauma, chronic illness onset or other loss.

For more information about Ms. Fennell or Albany Health Management Associates, please call (518) 782-0551 or visit patriciafennell.com or albanyhealthmanagement.com.

###