

For Immediate Release

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Patricia Fennell Interviewed On WAMC's Alan Chartock Program

DECEMBER 11, 2009, ALBANY, N.Y. – Patricia Fennell, MSW, LCSW-R was interviewed by Alan Chartock on his popular WAMC/Northeast Public Radio program, "Alan Chartock... In Conversation With," which aired on Friday, December 11, 2009. Fennell, president of Albany Health Management Associates, was part of a panel discussion on trauma and loss.

The other panelists were David Kaczynski, brother of Unabomber Ted Kaczynski and director of New Yorkers for Alternatives to the Death Penalty, and Gary Wright, one of Ted's surviving victims. The interview will likely be available on WAMC's Web site, <http://www.wamc.org>, in February, after the station's upcoming fund drive.

The three experts talked about long-term trauma, particularly the mental and physical health symptoms often experienced by people involved with a crime. They also discussed how crucial it is for those impacted by violence -- including victims, offenders, their children, partners and families, as well as law-enforcement and other professionals who work with crime victims and offenders – to heal from the loss and trauma they experienced so that they can go on to live full lives.

David and Gary have forged a close bond through the experience of working to recover from their individual traumas, a friendship that has enriched both of their lives. David and his wife, Linda, made the difficult decision to approach the FBI with their suspicions that David's brother might be involved in a series of bombings that caused three deaths and numerous injuries over 17 years. For more information about the remarkable story of David and Gary's friendship, see a 2008 *People Magazine* interview at: www.people.com/people/archive/article/0,,20221738,00.html.

Patricia Fennell's empirically validated Four-Phase Model recognizes the influences of cultural, psychosocial, and physical factors in integrating trauma from crime and other unwelcome changes into our lives, and finding a pathway to rehabilitation and recovery. The model, which is used internationally, outlines Four Phases that people experience in the aftermath of trauma: Crisis, Stabilization, Resolution, and Integration.

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