PATRICIA A. FENNELL, BOOK RELEASE EVENT – FEB. 25, 2012
BOOK HOUSE OF STUYVESANT PLAZA – 4:00 PM
PROVENCE, STUYVESANT PLAZA – 7:00 PM

ALBANY, NY, FEBRUARY 8, 2012 – Patricia Fennell and the John Esposito Trio, to perform at a Book Signing and Music Event at The Book House and Provence Restaurant. Patricia will sign copies of The Chronic Illness Workbook (revised edition) while the trio performs their new old jazz classics.

Following the signing, Patricia, and the Trio will continue the celebration next door at Provence, with fine food prepared by Chef Michael Cunningham.

Patricia A. Fennell, MSW, LCSW-R, who recently lectured at Oxford University, is an internationally recognized expert on chronic illness, focusing on how the experience of chronic syndromes and trauma influence the psychological, social, and physical experience of the patient and the family. She developed, researched, and validated the Fennell Four Phase Model (FFPM) for understanding and treating chronic medical and mental health conditions, trauma, disability and the effects of crime.

The Chronic Illness Workbook: Strategies and Solutions For Taking Back Your Life brings clarity and order to what feels like an unimaginable and isolating experience, and shows both those who are ill and those who care for them how to live a full and meaningful life. The Four Phase Model (FFPM) considers not only the physical aspects of chronic illness, but the psychological, social, and economic aspects as well. The revised edition of the Workbook recognizes the Six Functional Areas affected by chronic illness, introduces the Five Capacities of Improvisation. The Chronic Illness Workbook is written not only for those with chronic illness, but for their loved ones, employers, and health care team.

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