

Albany Health Management Associates, Inc.
582 New Loudon Road, Latham, NY 12110
Patricia A. Fennell, MSW, LCSW-R, President
(518) 782-0551 Fax (518) 783-4793

Email: communications@albanyhealthmanagement.com Website: www.albanyhealthmanagement.com

Illness Induced Trauma: Types and Effects on Employability and Workplace Accommodations

Copyright © 1998, 2009 Patricia A. Fennell; Reproduction without permission of the author is prohibited.

Agenda

- Philosophy of the Phase Method
- Trauma Types
- Traditional Disability vs. Chronic Conditions
- Chronic Care in Context and Culture
- Socio-Cultural Factors and Traumagenic Dynamics
- The Four Phases of Traumatic and Imposed Change
- Fennell Four-Phase Treatment™ Within Four-Phase Case Management

Copyright © 1998, 2009 Patricia A. Fennell; Reproduction without permission of the author is prohibited.

Philosophy of the Phase Method

- A Systemic Approach
- False Dichotomies
- The Phenomenon of Chronicity
- Traumatization and Chronicity
- The Integration Assumption
- Palliation
- Clinician as Active Equal Participant

Trauma Types

- Disease/Syndrome Trauma
- Iatrogenic Trauma
- Cultural Trauma
- Vicarious Trauma
- Pre-Morbid / Co-Morbid Trauma

Traditional Disability vs. Chronic Conditions

- Chronic conditions on a continuum
- Static vs. dynamic disability/illness
 - Fixed disability
 - Relapse and remission
 - Waxing and waning

Traditional Disability vs. Chronic Conditions

- Legal definitions of disability/chronic illness
- Social or colloquial definitions
 - Disability
 - Illness
 - Disease/condition/syndrome

Chronic Care in Context and Culture

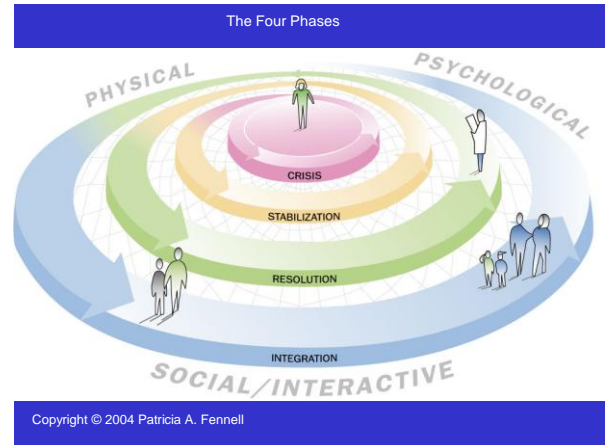
- Delivery Systems
- Levels of Discourse
- Socio-Cultural Factors
- Domain Assumptions
- Traumagenic Effects

Socio-Cultural Factors

1. Cultural Intolerance of Suffering
2. Cultural Intolerance of Ambiguity
3. Cultural Intolerance of Chronic vs. Acute Syndromes
4. Pre-Existing Cultural Climate Toward Chronic Syndromes
5. Media
6. Initial Syndrome Illegitimacy and Subsequent Enculturation

The Four Phases and Trauma:

Beth's Story



Phase I – Trauma / Crisis

- **Physical /Behavioural**
 - Coping Stage
 - Onset Stage
 - Acute / Emergency Stage
- **Psychological**
 - Loss of Psychological Control/ Ego Loss
 - Intrusive Shame, Self Hatred, Despair
 - Shock, Disorientation, Dissociation
 - Fear of Others, Isolation, Mood Swings
- **Social/Interactive**
 - Others Experience Shock, Disbelief, Revulsion
 - Vicarious Traumatization
 - Family/Organizational Maturation
 - Suspicion/Support Continuum

Phase II –Stabilization / Normalization Failure

- **Physical / Behavioural**
 - Plateau
 - Stabilization
- **Psychological**
 - Increased Caution / Secondary Wounding
 - Social Withdrawals, Social Searching
 - Service Confusion/Searching
 - Boundary Confusion
- **Social/Interactive**
 - Interactive Conflict/Cooperation
 - Vicarious Secondary Wounding
 - Vicarious Traumatic Manifestation
 - Normalization Failure

Phase III – Resolution

- **Physical/Behavioral**
 - Emergency Stage/Diminishment/Improvement
 - Continued Plateau/Stabilization
 - Relapse
- **Psychological**
 - Grief Reaction/Compassion Response
 - Identification of Pre-crisis – “Self”
 - Role/Identity Experimentation
 - Returning Locus of Control
 - Awareness of Societal Effects
 - Spiritual Development
- **Social/Interactive**
 - Breaking Silence/Engulfment in Stigma
 - Confrontation
 - Role Experimentation – Social, Vocational
 - Integration / Separation / Loss of Supporters

Phase IV – Integration

- **Physical/Behavioral**
 - Recovery Stage
 - Continued Plateau/Improvement/Relapse
- **Psychological**
 - Role/Identity Integration
 - New Personal Best
 - Continued Spiritual/Emotional Development
- **Social/Interactive**
 - New/Reintegrated Supporters
 - Alternative Vocation/Activities

Fennell Four-Phase Treatment™ Within Four- Phase Case Management

Unique Characteristics of FFPT™

- Integrates the physical/medical, psychological, sociological, legal and financial aspects of chronic conditions
- Helps clinicians to develop better, targeted management strategies that move patients toward healing.
- Pursues this integration through the chronic phased experience.

The Four Phases: Treatment Goals

- Treatment Phase I: Reduction of Trauma Symptomatology
- Treatment Phase II: Stabilization and Restructuring
- Treatment Phase III: Meaning Development
- Treatment Phase IV: Integration

Unique Characteristics of Four Phase Case Management

- Utilizes a focused priority approach
- Facilitates treatment/management within a chronic framework
- Incorporates all stakeholders/participants

The Four Phases: Case Management Goals

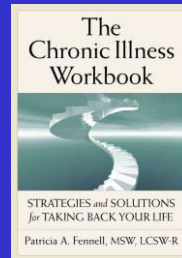
- FPCM Phase I: Establish case management focus
- FPCM Phase II: Data collection/activity restructuring
- FPCM Phase III: Self-management skill development
- FPCM Phase IV: Ongoing self-management

Treatment Summary

I	II	III	IV
Build	Collect Data	Create	Integrate
Affirm	Differentiate	Maintain	
Teach	Insight Dev.	Refine	
Leave	Needs Goals		
Stability Plan			

Slides & Handouts Available Online

www.PatriciaFennell.com/DePaul09



The Chronic Illness Workbook

Using her extensive experience with chronic illness patients, Patricia Fennell has created an original, comprehensive, research-validated approach that brings clarity and order to what feels like an unmanageable and isolating experience.

Available for \$20.00
from
Albany Health
Management Publishing
© 2007

For more information or to order, visit:
www.albanyhealthmanagement.com
or contact:
communications@albanyhealthmanagement.com

Thank You

For more information, please contact
information:

Patricia Fennell, MSW, LCSW-R
Albany Health Management Associates, Inc.

communications@albanyhealthmanagement.com
www.albanyhealthmanagement.com

Copyright © 1998, 2009 Patricia A. Fennell. Reproduction without permission of the author is prohibited.