

## Experts Hosting November Seminars On Recovery From Crime, Trauma

OCTOBER 12, 2009, ALBANY & NEW YORK CITY, N.Y. -- Crime is not a one-time event. It frequently causes long-term, often traumatizing mental and physical health effects in anyone involved -- including victims, offenders, their children, partners and families, as well as law-enforcement and other professionals who work with crime victims and offenders.

Experts will host two professional development seminars in November on this topic. They will train professionals how to help people who have experienced crime, family violence, or other threats to health or safety live a full life in the aftermath of trauma. These workshops, titled "Living Fully in the Aftermath of Trauma," are targeted toward professionals who work with people seeking recovery from trauma in the aftermath of violence.

**David Kaczynski**, brother of Unabomber Ted Kaczynski and director of New Yorkers for Alternatives to the Death Penalty, and **Patricia Fennell, MSW, LCSW-R**, author of the Fennell Four-Phase Model of coping with trauma, will hold the first training workshop from 10 a.m. to 4 p.m. on November 5 at the John Jay College of Criminal Justice in New York City. Tuition for the workshop will be \$75; more information, including registration details, is available at: <http://johnjay.augusoft.net/index.cfm?>.

At the second workshop, from 10 a.m. to 4 p.m. on November 12 at Siena College in Loudonville, N.Y., near Albany, Kaczynski and Fennell will be joined by **Gary Wright**, who was nearly killed by one of Ted Kaczynski's bombs. Tuition for the November 12 workshop will be \$75 professionals; \$40 students (cash and checks only, paid at the door). To reserve a space, contact Donna McIntosh at 518-783-4261 or [McIntosh@siena.edu](mailto:McIntosh@siena.edu).

David Kaczynski and Wright, one of the Unabomber's victims, have forged a close bond through the experience of working to recover from their individual traumas, a friendship that has enriched both of their lives. David and his wife, Linda, made the difficult decision to approach the FBI with their suspicions that David's brother might be involved in a series of bombings that caused three deaths and numerous injuries over 17 years. As a *People Magazine* reporter wrote in 2008, "David Kaczynski's brother Ted -- the Unabomber -- nearly killed Gary Wright in 1987. Since then, David and Gary have helped each other heal, and become best friends." (For more information about the remarkable story of this friendship, see [www.people.com/people/archive/article/0,,20221738,00.html](http://www.people.com/people/archive/article/0,,20221738,00.html).)

Fennell's empirically validated Four-Phase Model recognizes the influences of cultural, psychosocial, and physical factors in integrating trauma from crime and other unwelcome changes into our lives, and finding a pathway to rehabilitation and recovery. The model, which is used internationally, outlines Four Phases that people experience in the aftermath of trauma: Crisis, Stabilization, Resolution, and Integration. More information about Fennell's model is available at [www.albanyhealthmanagement.com](http://www.albanyhealthmanagement.com).

These workshops, which are co-sponsored by Albany Health Management Associates, Inc. and the hosting educational institution, are targeted to people who work with those affected by crime. They are presented in an emotionally engaging manner that offers a skill building, inspirational experience beneficial to the participant's life and professional practice.

For more information about these seminars or post-trauma experience and recovery, please call (518) 782-0551 or visit [albanyhealthmanagement.com](http://albanyhealthmanagement.com).

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